

JUNE 2017 - Ice cream Month

Seabrook School District

Monday
Tuesday
Wednesday
Thursday
Friday


Chicken Orzo Soup 5
 Ham and Cheese Wrap
 Garden Salad Bar
 Assorted Fruit
 Cookie Dough Ice Cream
 Milk

Savory Beef Taco 6
 (Local Beef Miles Smith Farm)
 Cheddar Cheese
 Lettuce, Tom, Onion
 Rice Pilaf, Fresh Fruit
 Frijoles (savory Beans)
 Mint Chocolate Chip Ice cream
 Milk

Tuna Salad 7
 Hoagie Roll
 Lettuce and Tomato
 Fruit Salad
 Chocolate Ice cream
 Milk

Chicken Caesar Salad 1
 Fresh Local Greens
 Parmesan Cheese
 Herb encrusted Bread Stick
 Assorted Fruit
 Strawberry Ice Cream
 Milk

Personal Pan Pizza 2
 Garden Salad Bar
 Fresh Local Greens
 Assorted Fruit
 Fresh Baked Cookies
 Ice cream Sandwich
 Milk

BBQ Pork on Wheat Bun 8
 Fresh Garden Greens
 Sliced Adelia Onion
 Pickle Chips
 Potato Salad
 Moose Tracks Ice Cream
 Milk

Cheese Pizza 9
 Caesar Salad Bar
 Assorted Fruit
 Fresh Berries
 Hoodsie Ice Cream
 Milk

Local Seafood Chowder 12
 (Shrimp, Clams, Lobster, Scallops)
 Grilled Cheese Sandwich
 Garden Salad Bar
 Assorted Fruit
 Milk

Field Day Cook Out 13
 Hamburger or Hot Dog
 Wheat Roll
 Deli Platter
 Chips
 Watermelon
 Ice Cream
 Milk

Cheesy Nachos 14
 Grain Chips
 Mixed Veggie Toppings
 Grapes
 Strawberry Ice Cream
 Milk

Chicken Patty Sandwich 15
 Wheat Bun
 Cheese, Tom, Lettuce
 Tater Tots
 Assorted Ice cream
 Milk

Brunch 16
 Pancakes
 Sausage
 Hash brown's
 Strawberries
 Dessert Extravaganza
 Milk
 Juice

ENJOY YOUR SUMMER 19
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20

21

22

23

We offer flavored nonfat milk 26
 and
 1% White milk

27

28

29

30

Seabrook uses locally farmed and harvested ingredients whenever possible.
 Greens, kale, kohlrabi, carrots, beets, parsnips, lamb, beef, clams, lobster, scallops and fish.
 Lunch is 1.75 and breakfast is .85 School Nutrition Director- Kimberly Adkins 603-474-3822 x 150

