



## **OPEN ENROLLMENT**

### **MEDICAL/DENTAL INSURANCE INFORMATION SESSIONS**

- ***May 1<sup>st</sup> 3:00 p.m.- Hampton Falls Library***
- ***May 14<sup>th</sup> 3:00 p.m.- North Hampton School Library***
- ***May 16<sup>th</sup> 3:00 p.m.-Winnacunnet HS Lecture Hall***
- ***May 17<sup>th</sup> 3:00 p.m.- South Hampton Conference Room***
- ***May 21<sup>st</sup> 3:00 p.m.- Seabrook Middle School Library***

HealthTrust and Benefit Strategies Representatives will be presenting to share valuable information about your medical insurance plans to include the following:

- Medical Insurance Plans – compare the plans offered - what is the right plan for you?
- Compass SmartShopper Incentive Rewards Program - learn about earning cash rewards by using cost-effective providers~
- Flexible Spending Account(s) – Medical Care and or Dependent Care tax saving plans~ Done annually
- Slice of Life Program – Medical Management Program~
- Convenient MD Info
- 403B and 457 Info
- Complete opt out forms- Done annually
- Update or Make Health Insurance Changes-Get it done before the rush.

**These health benefit sessions are for you, so that you may better understand your medical and or dental insurance coverage. And to answer any questions or concerns you may have, so we hope to see you there!**

**Please join us at any of the five (5) locations.**