

_____ SCHOOL DISTRICT

REQUEST TO WAIVE THE LUNCH OR EATING PERIOD

RSA 275:30-a Lunch or Eating Period. – An employer may not require an employee to work more than 5 consecutive hours without granting him or her a ½ hour lunch or eating period, except if it is feasible for the employee to eat during the performance of his or her work, and the employer permits him to do so.

I _____ understand that my Employer offers a lunch or eating time as defined in RSA 275:30-a. I am requesting not to take this time as offered. I also understand that at any time I wish to take the lunch or eating time I will be allowed to do so.

Employee Signature

Date

Supervisor

Date