

Look What Else is New for 2018!

You asked... we listened!
HealthTrust is pleased to share
the following enhancements
to our plans.

Access Blue New England Site of Service (SOS) Plan Enhancements – Effective 7/1/18

SOS is a consumer choice plan option offering robust medical coverage with cost savings for choosing cost-effective providers. To enhance the current comprehensive coverage provided by the SOS benefit option, the following enhancements are being implemented:

- Physical/Speech/Occupational Therapy: 60 combined visits per person per plan year (currently 20 per therapy)
- Chiropractic Services: Unlimited visits (currently 12 visits)
- Outpatient surgery at a Site of Service Ambulatory Surgery Center: \$0 copay (currently \$75)
- Allergy injections: \$0 copay (currently subject to specialty visit copay)
- Acupuncture: 12 visits per person per plan year, subject to specialty visit copay (currently not covered)
- X-rays and other high cost radiology services at a Site of Service radiology provider, walk-in center, or Ambulatory Surgical Center: \$0 copay (currently applies to deductible)

CVS Maintenance Choice – An Enhanced Way to Fill Long-Term Prescriptions – Effective 1/1/18

With this new program Enrollees will now have the choice of obtaining their long-term prescriptions (up to a 90-day supply) at any CVS Pharmacy in New Hampshire or nationwide (including at Target locations), or continue to utilize the mail service program through CVS Caremark (up to a 90-day supply).

Benefit Advantage – HealthTrust's New HRA and Enhanced FSA Services – Effective 7/1/18*

- Provides the opportunity to add integrated HRA administration to the exceptional Member and Enrollee FSA services HealthTrust currently provides
- Cost savings for employers and employees
- Emphasis on medical consumerism and smart healthcare choices
- No administrative or participant fees for Benefit Advantage when paired with certain HealthTrust medical plans
- User-friendly website with direct-deposit option
- HealthTrust Benefit Advantage mobile app enables participants to:
 - View their account balances.
 - Capture and upload pictures of their receipts.
 - Submit and track claims.
- Exceptional service provided by HealthTrust in collaboration with Benefit Strategies, an organization based in New Hampshire with more than 25 years' experience in claims processing as well as expertise in HRA design and administration

*Groups currently offering FSA services will transition to Benefit Advantage FSA Services on 11/1/17.

ConvenientMD – New Option for HealthTrust Enrollees – Effective 11/1/17

Having options can make it easier for individuals to access healthcare when they need it. That's why HealthTrust has recently entered into an arrangement with ConvenientMD that allows medically covered Enrollees and their family members to:

- Receive a free flu shot.
- Have a free Biometric Health Screening. Beginning 11/1/17 for the 2018 Slice of Life program year, medically Covered Employees, Retirees and Spouses can have a Biometric Health Screening at one of nine ConvenientMD locations in New Hampshire. They simply need to print the *2018 Biometric Health Screening Authorization Form* (available by clicking the Forms and Documents link at www.healthtrustnh.org on or after 11/1/17) and bring it with them to a ConvenientMD location – no appointment needed!

In addition, at Convenient MD they can access non-emergency care seven days a week, from 8:00 a.m. to 8:00 p.m. for only the cost of their PCP or specialty visit copay. They can also enjoy shorter wait times, on average, to receive care and lower costs compared to a hospital emergency room.

ConvenientMD provides a cost-effective way for Enrollees and their family members to access care when and where they need it, and receive preventive services including screenings and flu shots to help them stay healthy.

Slice of Life 2018 Enhancements – Effective 1/1/18

In 2018, HealthTrust has updated our Slice of Life wellness program to make it:

- **Simpler** – fewer forms to complete and fewer rules than in the past.
- **More engaging** – participants choose the healthy activities they want to do on their Personal Wellness Journey and HealthTrust rewards them for their healthy choices.
- **More robust** – more choices and greater rewards than ever before – up to \$475 in cash rewards plus a free wearable fitness tracker, worth up to \$100. A total value of up to \$575*

*The amount of any cash and gift cards as well as the value of any other incentive awards received from HealthTrust are taxable to the recipient for federal income tax purposes.

SmartShopper Enhancements – Effective 1/1/18

- 12 additional categories of eligible procedures including x-rays, breast biopsy, hip or knee replacement, additional MRIs, and more.
- Enhanced services including help with shopping, scheduling appointments, and more.

If you have questions, please feel free to contact your HealthTrust Benefits Advisor at 800.527.5001.